

# Community Health Assessment 2



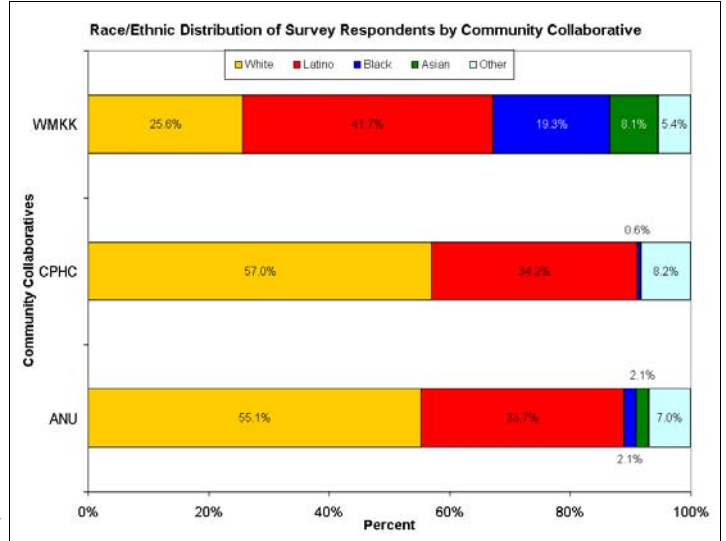
## Adult Survey Results-Community Groups



# Overview of Survey

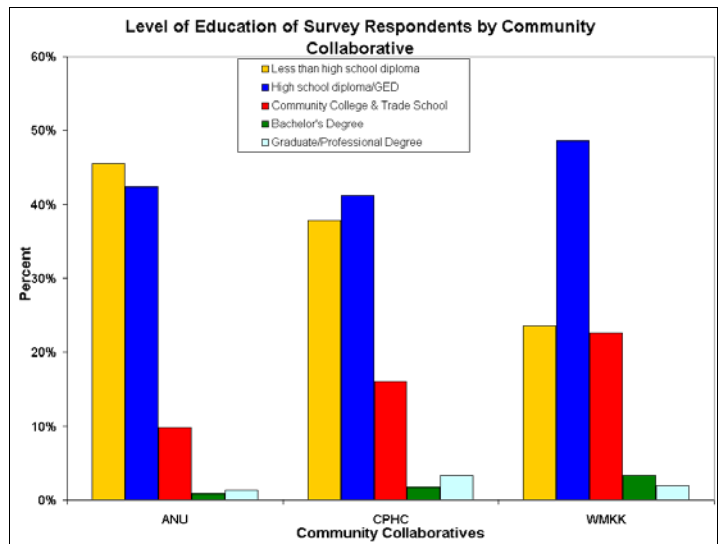
**ANU:**

**Total Surveyed:** 247 people were surveyed.  
**Gender:** 62% of the respondents were female.  
**Age Group:** The majority of the respondents were between the ages of 25-44. 42% of the respondents were 20-34 years old.  
**Race/Ethnicity:** The race/ethnic mix of the respondents were 55% White, 34% Latino, 2% Black, and 9% Asian/Other.  
**Annual Income:** 70% of the respondents had an annual income of \$15,000 or less.  
**Have Children:** 81% of the respondents have children.  
**Education Level:** 46% of the respondents did not have a high school diploma.  
**Marital Status:** 44% of the respondents were married at the time of the survey while 18% were either divorced or separated.  
**Overall Health:** 60% of the respondents considered their health good or very good.



**CPHC:**

**Total Surveyed:** 161 people were surveyed.  
**Gender:** 66% of the respondents were female.  
**Age Group:** 36% of the respondents were 20-34 years old.  
**Race/Ethnicity:** The race/ethnic mix of the respondents were 57% White, 34% Latino, 1% Black, and 8% Asian/Other.  
**Annual Income:** 64% of the respondents had an annual income of \$15,000 or less.  
**Have Children:** 82% of the respondents have children.  
**Education Level:** 38% of the respondents did not have a high school diploma.  
**Marital Status:** 48% of the respondents were married at the time of the survey while 20% were either divorced or separated.  
**Overall Health:** 57% of the respondents considered their health good or very good.



**WMKK:**

**Total Surveyed:** 229 people were surveyed.  
**Gender:** 74% of the respondents were female.  
**Age Group:** 53% of the respondents were 20-34 years old.  
**Race/Ethnicity:** The race/ethnic mix of the respondents were 26% White, 42% Latino, 19% Black, and 13% Asian/Other.  
**Annual Income:** 67% of the respondents had an annual income of \$15,000 or less.  
**Have Children:** 69% of the respondents have children.  
**Education Level:** 25% of the respondents did not have a high school diploma.  
**Marital Status:** 36% of the respondents were married at the time of the survey while 17% were either divorced or separated.  
**Overall Health:** 61% of the respondents considered their health good or very good.

# Overview of Survey (Weighted)

## **ANU:**

**Total Weighted Surveys:** The data was weighted to 236 surveys.

**Gender:** 48% of the respondents were female.

**Age Group:** 40% of the respondents were 20-34 years old; 25% of the respondents were 35-44 years old; 16% of the respondents were 45-54 years old; 19% of the respondents were 55 or over.

**Race/Ethnicity:** The race/ethnic mix of the respondents were 38% White, 52% Latino, and 9% Asian/Other.

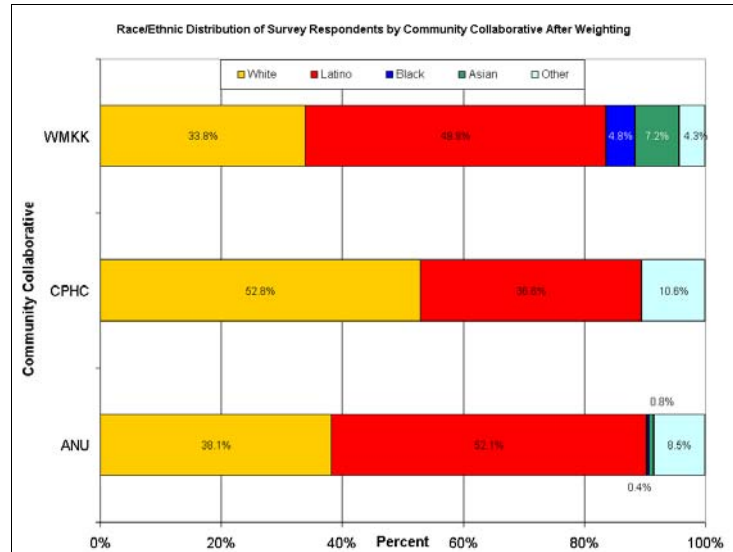
**Annual Income:** 63% of the respondents had an annual income of \$15,000 or less.

**Have Children:** 81% of the respondents have children.

**Education Level:** 44% of the respondents did not have a high school diploma.

**Marital Status:** 45% of the respondents were married, 20% were either divorced or separated, and 30% of the respondents were single at the time of the survey.

**Overall Health:** 64% of the respondents considered their health good or very good.



## **CPHC:**

**Total Weighted Surveys:** The data was weighted to 143 surveys.

**Gender:** 52% of the respondents were female.

**Age Group:** 34% of the respondents were 20-34 years old; 28% of the respondents were 35-44 years old; 18% of the respondents were 45-54 years old; 20% of the respondents were 55 or over.

**Race/Ethnicity:** The race/ethnic mix of the respondents were 53% White, 37% Latino, and 11% Asian/Other.

**Annual Income:** 59% of the respondents had an annual income of \$15,000 or less.

**Have Children:** 80% of the respondents have children.

**Education Level:** 42% of the respondents did not have a high school diploma.

**Marital Status:** 49% of the respondents were married, 22% were either divorced or separated, and 25% of the respondents were single at the time of the survey.

**Overall Health:** 56% of the respondents considered their health good or very good.

## **WMKK:**

**Total Weighted Surveys:** The data was weighted to 208 surveys.

**Gender:** 52% of the respondents were female.

**Age Group:** 38% of the respondents were 20-34 years old; 23% of the respondents were 35-44 years old; 17% of the respondents were 45-54 years old; 22% of the respondents were 55 or over.

**Race/Ethnicity:** The race/ethnic mix of the respondents were 34% White, 50% Latino, 5% Black, and 11% Asian/Other.

**Annual Income:** 65% of the respondents had an annual income of \$15,000 or less.

**Have Children:** 64% of the respondents have children.

**Education Level:** 27% of the respondents did not have a high school diploma.

**Marital Status:** 38% of the respondents were married, 19% were either divorced or separated, and 38% of the respondents were single at the time of the survey.

**Overall Health:** 50% of the respondents considered their health good or very good.

# Top Ten Health Concerns

Rank	ANU	CPHC	WMKK
1	Alcohol, Drugs, & Tobacco	Alcohol, Drugs, & Tobacco	Alcohol, Drugs, & Tobacco
2	Violence	Violence	Violence
3	Hepatitis (A, B, C)	Diabetes	STD
4	Cancer	Asthma	Asthma
5	Asthma	Cancer	Diabetes
6	Diabetes	CHD	Obesity/Nutrition
7	CHD	Obesity/Nutrition	Cancer
8	Obesity/Nutrition	Hepatitis (A, B, C)	Hepatitis (A, B, C)
9	STD	STD	CHD
10	High Cholesterol	High Cholesterol	High Cholesterol

# Tobacco, Alcohol, and Other Drugs (Weighted)

<b>Alcohol:</b>	<b>ANU</b>	<b>CPHC</b>	<b>WMKK</b>
How many of the respondents drank alcohol in the past month?	31% (71)	38% (49)	27% (53)
How many of the alcohol-drinking respondents usually binge drank (5+ drinks) in the past month?	46% (32)	14% (7)	9% (5)
How many of the alcohol-drinking respondents had 1-2 drinks in the past month?	21% (15)	51% (25)	57% (31)
How many of the respondents had been in a car with a drinking driver in the past month?	36% (26)	16% (8)	28% (15)
How many of the alcohol-drinking respondents binge drank at least 3 times in the last month?	29% (20)	18% (9)	20% (11)
<b>Tobacco:</b>			
How many of the respondents have used tobacco products in their life-time?	63% (146)	67% (91)	48% (97)
How many of the respondents are current tobacco user?	41% (95)	36% (49)	26% (52)
How many of the respondents were former tobacco users?	14% (32)	13% (18)	9% (18)
How many of the respondents are trying to quit using tobacco products?	2% (4)	10% (13)	5% (10)
How many of the respondents have experimented or have occasionally used tobacco products?	7% (15)	8% (11)	8% (17)
<b>Illegal Drugs:</b>			
How many of the respondents have used an illegal drug in the last year?	11% (25)	4% (6)	7% (15)

# Tobacco (Weighted Data)



## ***ANU:***

Tobacco Users: 64% of the respondents used tobacco products in their lifetime.

Gender: 66% of the tobacco users were males.

Age Group: The majority of the tobacco users were between the ages of 25-44. 36% of the tobacco users were 20-34 years old.

Race/Ethnicity: The race/ethnic mix of the tobacco users were 45% White, 44% Latino, and 10% were Other.

Annual Income: 65% of the tobacco users had an annual income of \$15,000 or less.

Have Children: 77% of the tobacco users have children.

Education Level: 37% of the tobacco users did not have a high school diploma.

Marital Status: 37% of the tobacco users were married at the time of the survey while 25% were either divorced or separated. 36% of the tobacco users were single.

Overall Health: 59% of the tobacco users considered their health good or very good.

Drink Alcohol: 46% of the tobacco users also drink alcohol.

Illegal Drugs: 92% of the illegal drug users, also use tobacco products.

## ***CPHC:***

Tobacco Users: 69% of the respondents used tobacco products in their lifetime.

Gender: 53% of the tobacco users were males.

Age Group: 36% of the tobacco users were 20-34 years old.

Race/Ethnicity: The race/ethnic mix of the tobacco users were 59% White, 30% Latino, and 11% Other.

Annual Income: 59% of the tobacco users had an annual income of \$15,000 or less.

Have Children: 72% of the tobacco users have children.

Education Level: 24% of the tobacco users did not have a high school diploma.

Marital Status: 38% of the tobacco users were married at the time of the survey while 25% were either divorced or separated. 31% of the tobacco users were single.

Overall Health: 52% of the tobacco users considered their health good or very good.

Drink Alcohol: 43% of the tobacco users also drink alcohol.

Illegal Drugs: 100% of the illegal drug users, also use tobacco products.

## ***WMKK:***

Tobacco Users: 50% of the respondents used tobacco products in their lifetime.

Gender: 52% of the tobacco users were males.

Age Group: 37% of the tobacco users were 20-34 years old.

Race/Ethnicity: The race/ethnic mix of the tobacco users were 38% White, 46% Latino, 6% Black, and 5% Asian, and 5% Other.

Annual Income: 60% of the tobacco users had an annual income of \$15,000 or less.

Have Children: 57% of the tobacco users have children.

Education Level: 26% of the tobacco users did not have a high school diploma.

Marital Status: 26% of the tobacco users were married at the time of the survey while 24% were either divorced or separated. 43% of the tobacco users were single.

Overall Health: 54% of the tobacco users considered their health good or very good.

Drink Alcohol: 34% of the tobacco users also drink alcohol.

Illegal Drugs: 80% of the illegal drug users, also use tobacco products.

# Alcohol (Weighted Data)



## ***ANU:***

Alcohol Drinkers: 32% of the respondents used alcohol in the past month.

Gender: 72% of the alcohol drinkers were males.

Age Group: The majority of the alcohol drinkers were between the ages of 25-44. 49% of the alcohol drinkers were 20-34 years old.

Race/Ethnicity: The race/ethnic mix of the alcohol drinkers were 36% White, 59% Latino, 1% Black, and 4% were Other.

Annual Income: 60% of the alcohol drinkers had an annual income of \$15,000 or less.

Have Children: 85% of the alcohol drinkers have children.

Education Level: 29% of the alcohol drinkers did not have a high school diploma.

Marital Status: 32% of the alcohol drinkers were married at the time of the survey while 22% were either divorced or separated. 45% of the alcohol drinkers were single.

Overall Health: 77% of the alcohol drinkers considered their health good or very good.

Tobacco Use: 87% of the alcohol users, also use tobacco products.

Depression: 27% of the alcohol users felt depressed in the last year.

## ***CPHC:***

Alcohol Drinkers: 46% of the respondents used alcohol in the past month.

Gender: 55% of the alcohol drinkers were males.

Age Group: 49% of the alcohol drinkers were 20-34 years old.

Race/Ethnicity: The race/ethnic mix of the alcohol drinkers were 48% White, 38% Latino, and 14% Other.

Annual Income: 51% of the alcohol drinkers had an annual income of \$15,000 or less.

Have Children: 69% of the alcohol drinkers have children.

Education Level: 23% of the alcohol drinkers did not have a high school diploma.

Marital Status: 39% of the alcohol drinkers were married at the time of the survey while 14% were either divorced or separated. 39% of the alcohol drinkers were single.

Overall Health: 64% of the alcohol drinkers considered their health good or very good.

Tobacco Use: 82% of the alcohol drinkers also use tobacco products.

Depression: 22% of the alcohol users felt depressed in the last year.

## ***WMKK:***

Alcohol Drinkers: 30% of the respondents used alcohol in the past month.

Gender: 53% of the alcohol drinkers were males.

Age Group: 53% of the alcohol drinkers were 20-34 years old.

Race/Ethnicity: The race/ethnic mix of the alcohol drinkers were 38% White, 47% Latino, 6% Black, and 8% Asian, and 1% Other.

Annual Income: 55% of the alcohol drinkers had an annual income of \$15,000 or less.

Have Children: 59% of the alcohol drinkers have children.

Education Level: 23% of the alcohol drinkers did not have a high school diploma.

Marital Status: 33% of the alcohol drinkers were married at the time of the survey while 20% were either divorced or separated. 47% of the alcohol drinkers were single.

Overall Health: 64% of the alcohol drinkers considered their health good or very good.

Tobacco Use: 59% of the alcohol drinkers also use tobacco products.

Depression: 45% of the alcohol users felt depressed in the last year.



# Violence (Weighted Data)

## ***ANU:***

**Firearm Owners:** 33% of the respondents own firearms. 61% of the respondents who claim to have firearms, do not lock up their weapon in a safe place. The race/ethnic mix of the firearm owners were 29% White, 59% Latino, and 12% were Other. 82% of the firearm owners have children.

**Violence Crime:** 23% of the respondents have been a victim of a violent crime in Stanislaus County.

**Place of Violent Crime:** 42% of the violent crimes were in the home while 26% were in the neighborhood.

**Safety:** 32% of the respondents feel unsafe in their neighborhood while 47% felt only “fairly safe.”

**Gender:** 49% of the victims from a violent crime were females.

**Age Group:** 47% of the victims from violent crimes were 20-34 years old while 30% of the victims were 55 years old or older.

**Race/Ethnicity:** The race/ethnic mix of the victims from violent crimes were 45% White, 45% Latino, 8% were Other, and 2% Asians.

**Have Children:** 72% of the victims from violent crimes have children.

**Marital Status:** 42% of the victims from violent crimes were married at the time of the survey while 15% were either divorced or separated. 34% of the victims from violent crimes were single.

## ***CPHC:***

**Firearm Owners:** 29% of the respondents own firearms. 45% of the respondents who claim to have firearms, do not lock up their weapon in a safe place. The race/ethnic mix of the firearm owners were 50% White, 33% Latino, and 17% were Other. 76% of the firearm owners have children.

**Violence Crime:** 8% of the respondents have been a victim of a violent crime in Stanislaus County.

**Place of Violent Crime:** 27% of the violent crimes were in the home while 73% were in the neighborhood.

**Safety:** 33% of the respondents feel unsafe in their neighborhood while 41% felt only “fairly safe.”

**Gender:** 64% of the victims from a violent crime were females.

**Age Group:** 46% of the victims from violent crimes were 35-44 years old.

**Race/Ethnicity:** The race/ethnic mix of the victims from violent crimes were 73% White and 27% were Latino.

**Have Children:** 83% of the victims from violent crimes have children.

**Marital Status:** 30% of the victims from violent crimes were married at the time of the survey while 20% were either divorced or separated. 50% of the victims from violent crimes were single.

## ***WMKK:***

**Firearm Owners:** 31% of the respondents own firearms. 59% of the respondents who claim to have firearms, do not lock up their weapon in a safe place. The race/ethnic mix of the firearm owners were 30% White, 44% Latino, 6% African American, 14% Asian, and 5% were Other. 63% of the firearm owners have children.

**Violence Crime:** 15% of the respondents have been a victim of a violent crime in Stanislaus County.

**Place of Violent Crime:** 69% of the violent crimes were in the home while 31% were in the neighborhood.

**Safety:** 24% of the respondents feel unsafe in their neighborhood while 43% felt only “fairly safe.”

**Gender:** 45% of the victims from a violent crime were females.

**Age Group:** 40% of the victims from violent crimes were 20-34 years old while 38% of the victims were 35-54 years old.

**Race/Ethnicity:** The race/ethnic mix of the victims from violent crimes were 21% White, 69% Latino, 7% Asians, and 3% were Other.

**Have Children:** 62% of the victims from violent crimes have children.

**Marital Status:** 43% of the victims from violent crimes were married at the time of the survey while 17% were either divorced or separated. 27% of the victims from violent crimes were single.

# Diabetes (Weighted Data)

## ***ANU:***

Diabetics: 18% of the respondents have been diagnosed with diabetes.

Gender: 50% of the diabetics were females.

Age Group: 41% of the diabetics were 45-54 years old. 26% of the diabetics were over 55 years old.

Race/Ethnicity: The race/ethnic mix of the diabetics were 29% White, 64% Latino, and 7% were Other.

Annual Income: 38% of the diabetics had an annual income of \$15,000 or less. 52% of the diabetics had an annual income of \$25,000 or more.

Education Level: 31% of the diabetics did not have a high school diploma.

Overall Health: 64% of the diabetics considered their health good or very good.

Insurance: 7% of the diabetics had no insurance, 14% had Medi-Cal, and 24% had Medi-Care.

Health Information: 91% of the diabetics receive their information through their Primary Care Physician.

Check-Ups: 93% of diabetics checked their blood sugar levels at least once a day. 72% of the diabetics received at least 2 check-ups from a health professional in the past year.

Control for Diabetes: 40% of the diabetics use exercise and modify their diet to control their diabetes. 64% of the diabetics use oral medication to control their diabetes.

## ***CPHC:***

Diabetics: 21% of the respondents have been diagnosed with diabetes.

Gender: 55% of the diabetics were females.

Age Group: 41% of the diabetics were 35-44 years old. 36% of the diabetics were over 55 years old.

Race/Ethnicity: The race/ethnic mix of the diabetics were 81% White, 14% Latino, and 5% were Other.

Annual Income: 62% of the diabetics had an annual income of \$15,000 or less. 14% of the diabetics had an annual income of \$25,000 or more.

Education Level: 59% of the diabetics did not have a high school diploma.

Overall Health: 26% of the diabetics considered their health good or very good.

Insurance: 68% of the diabetics had Medi-Cal and 36% had Medi-Care.

Health Information: 55% of the diabetics receive their information through their Primary Care Physician and 27% received their information through family and friends.

Check-Ups: 74% of diabetics checked their blood sugar levels at least once a day. 74% of the diabetics received at least 2 check-ups from a health professional in the past year.

Control for Diabetes: 59% of the diabetics use exercise and modify their diet to control their diabetes. 41% of the diabetics use oral medication to control their diabetes.

## ***WMKK:***

Diabetics: 14% of the respondents have been diagnosed with diabetes.

Gender: 74% of the diabetics were females.

Age Group: 19% of the diabetics were 45-54 years old. 44% of the diabetics were over 55 years old.

Race/Ethnicity: The race/ethnic mix of the diabetics were 44% White and 33% were Latino.

Annual Income: 56% of the diabetics had an annual income of \$15,000 or less. 22% of the diabetics had an annual income of \$25,000 or more.

Education Level: 22% of the diabetics did not have a high school diploma.

Overall Health: 37% of the diabetics considered their health good or very good.

Insurance: 30% of the diabetics had Medi-Cal and 22% had Medi-Care.

Health Information: 59% of the diabetics receive their information through their Primary Care Physician and 41% received their information from family and friends.

Check-Ups: 74% of diabetics checked their blood sugar levels at least once a day. 79% of the diabetics received at least 2 check-ups from a health professional in the past year.

Control for Diabetes: 33% of the diabetics use exercise and modify their diet to control their diabetes. 33% of the diabetics use oral medication to control their diabetes.

# Asthma (Weighted Data)

## **ANU:**

Asthmatics: 17% of the respondents have been diagnosed with asthma.

Gender: 76% of the asthmatics were females.

Age Group: 22% of the asthma were 25-34 years old. 32% of the asthmatics were over 55 years old.

Race/Ethnicity: The race/ethnic mix of the asthmatics were 60% White, 35% Latino, and 5% were Other.

Annual Income: 63% of the asthmatics had an annual income of \$15,000 or less.

Education Level: 43% of the asthmatics did not have a high school diploma.

Overall Health: 45% of the asthmatics considered their health good or very good.

Insurance: 10% of the asthmatics had no insurance, 43% had Medi-Cal, and 32% had Medi-Care.

Health Information: 66% of the asthmatics receive their information through their Primary Care Physician. 40% of the asthmatics receive their information through their family and friends.

Tobacco Use: 65% of the asthmatics have used tobacco products in their lifetime.

Asthma Education by Health Care Providers: 54% of the asthmatics were shown how to use an inhaler correctly, 33% of the asthmatics were shown how to use a peak flow meter, 60% of the asthmatics were educated about asthma triggers, and 51% were educated about early signs of an asthma attack.

Control for Asthma: 38% of the asthmatics were not taking any medications for their asthma.

ER/UC Visits: 22% of the asthmatics had at least one visit to the ER/UC in the past year.

## **CPHC:**

Asthmatics: 18% of the respondents have been diagnosed with asthma.

Gender: 59% of the asthmatics were females.

Age Group: 38% of the asthma were 35-44 years old. 19% of the asthmatics were over 55 years old.

Race/Ethnicity: The race/ethnic mix of the asthmatics were 68% White, 27% Latino, and 5% were Other.

Annual Income: 55% of the asthmatics had an annual income of \$15,000 or less.

Education Level: 41% of the asthmatics did not have a high school diploma.

Overall Health: 32% of the asthmatics considered their health good or very good.

Insurance: 13% of the asthmatics had no insurance, 68% had Medi-Cal, and 23% had Medi-Care.

Health Information: 73% of the asthmatics receive their information through their Primary Care Physician. 28% of the asthmatics receive their information through their family and friends.

Tobacco Use: 73% of the asthmatics have used tobacco products in their lifetime.

Asthma Education by Health Care Providers: 91% of the asthmatics were shown how to use an inhaler correctly, 36% of the asthmatics were shown how to use a peak flow meter, 48% of the asthmatics were educated about asthma triggers, and 68% were educated about early signs of an asthma attack.

Control for Asthma: 22% of the asthmatics were not taking any medications for their asthma.

ER/UC Visits: 43% of the asthmatics had at least one visit to the ER/UC in the past year.

## **WMKK:**

Asthmatics: 18% of the respondents have been diagnosed with asthma.

Gender: 63% of the asthmatics were females.

Age Group: 19% of the asthma were 25-34 years old. 28% of the asthmatics were over 55 years old.

Race/Ethnicity: The race/ethnic mix of the asthmatics were 31% White, 40% Latino, 9% African-American, 6% Asians, and 4% were Other.

Annual Income: 35% of the asthmatics had an annual income of \$15,000 or less.

Education Level: 29% of the asthmatics did not have a high school diploma.

Overall Health: 28% of the asthmatics considered their health good or very good.

Insurance: 11% of the asthmatics had no insurance, 43% had Medi-Cal, and 11% had Medi-Care.

Health Information: 57% of the asthmatics receive their information through their Primary Care Physician. 43% of the asthmatics receive their information through their family and friends.

Tobacco Use: 51% of the asthmatics have used tobacco products in their lifetime.

Asthma Education by Health Care Providers: 74% of the asthmatics were shown how to use an inhaler correctly, 46% of the asthmatics were shown how to use a peak flow meter, 66% of the asthmatics were educated about asthma triggers, and 51% were educated about early signs of an asthma attack.

Control for Asthma: 20% of the asthmatics were not taking any medications for their asthma.

ER/UC Visits: 45% of the asthmatics had at least one visit to the ER/UC in the past year.

# Cancer

## ***ANU (Weighted Data):***

**Cancer:** 1.4% of the respondents have had cancer.

**Pap Smears:** 44% of the female respondents had a pap smear within the last year.

**Breast Exams:** 55% of the female respondents perform a monthly breast self exam.

**Mammogram:** 71% of the female respondents over the age of 39 had a breast mammogram.

**PSA:** 71% of the male respondents over the age of 49 had a PSA test.

## ***CPHC (Weighted Data):***

**Cancer:** 18.3% of the respondents have had cancer.

**Pap Smears:** 38% of the female respondents had a pap smear within the last year.

**Breast Exams:** 55% of the female respondents perform a monthly breast self exam.

**Mammogram:** 55% of the female respondents over the age of 40 had a breast mammogram.

**PSA:** 47% of the male respondents over the age of 49 had a PSA test.

## ***WMKK (Weighted Data):***

**Cancer:** 6.9% of the respondents have had cancer.

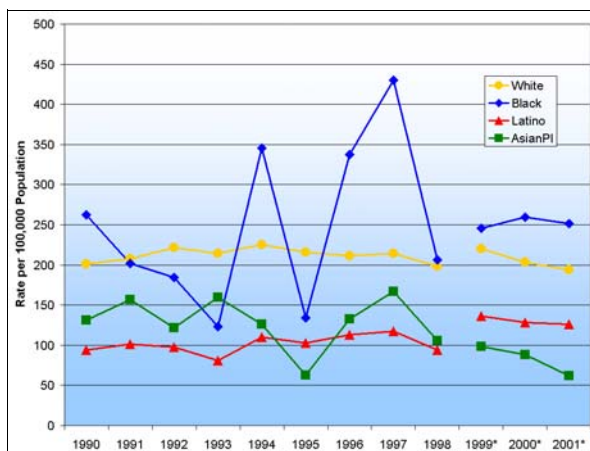
**Pap Smears:** 49% of the female respondents had a pap smear within the last year.

**Breast Exams:** 61% of the female respondents perform a monthly breast self exam.

**Mammogram:** 71% of the female respondents over the age of 40 had a breast mammogram.

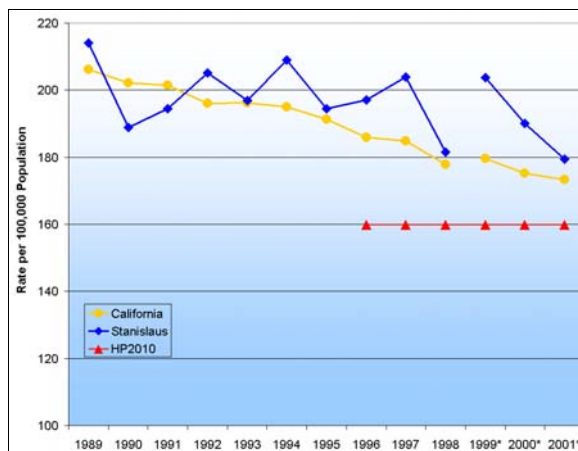
**PSA:** 26% of the male respondents over the age of 49 had a PSA test.

Age-Adjusted Death Rate Due to Cancer by Race/Ethnicity, Stanislaus



\* Changed from ICD-9 to ICD-10

Age-Adjusted Death Rate Due to Cancer, Stanislaus & CA



## **County:**

### **Ranking:**

- Stanislaus County is ranked 42 out of 58 counties for overall cancer deaths.
- Stanislaus County is ranked 43 out of 58 counties for lung cancer deaths, which is the highest cancer deaths for both males and females.
- Stanislaus County is ranked 30 out of 58 counties for breast cancer deaths, which is the second highest cancer deaths for females.

**Race/Ethnicity:** Cancer deaths are highest among the African-American population. Cancer deaths are second highest among the White population.

**Gender:** Lung Cancer is the leading cause of cancer deaths in both males and females. The second leading cause of cancer deaths in males is prostate cancer and breast cancer in females.

# Coronary Heart Disease

**ANU (Weighted Data):**

CHD: 5.6% of the respondents have had heart disease.

High Cholesterol/Blood Pressure: 15% of the respondents have high cholesterol while 19% of the respondents have high blood pressure.

**CPHC (Weighted Data):**

CHD: 8.1% of the respondents have had heart disease.

High Cholesterol/Blood Pressure: 20% of the respondents have high cholesterol while 29% of the respondents have high blood pressure.

**WMKK (Weighted Data):**

CHD: 3.1% of the respondents have had heart disease.

High Cholesterol/Blood Pressure: 13% of the respondents have high cholesterol while 24% of the respondents have high blood pressure.

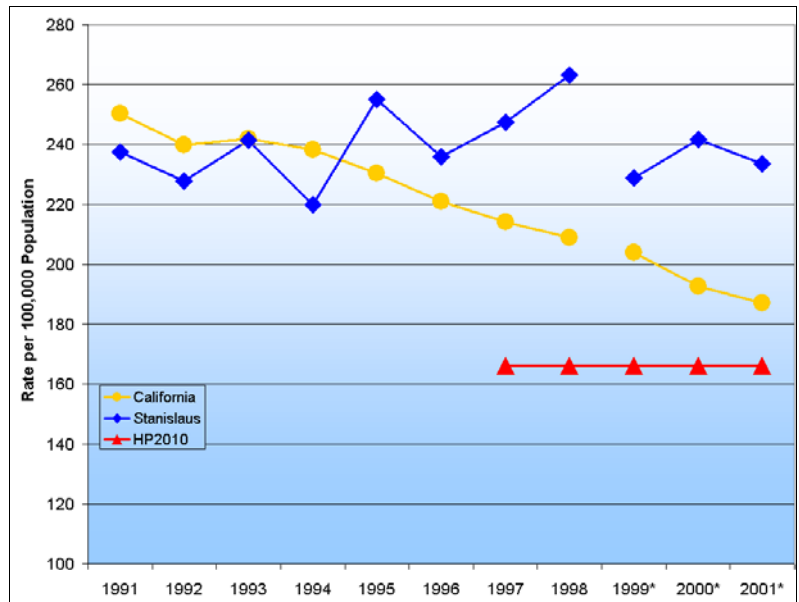
**County:**

Ranking: Stanislaus County is ranked 57 out of 58 counties for heart disease deaths.

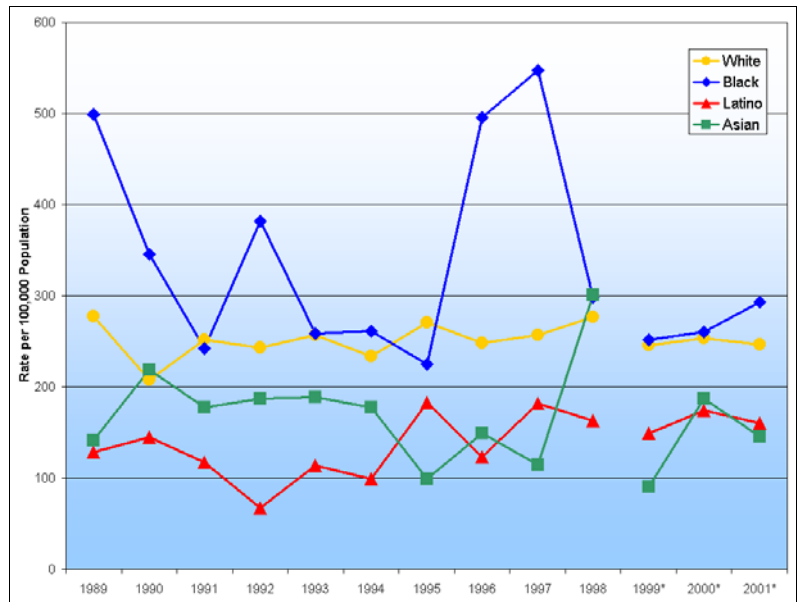
Rate: Stanislaus County is higher than the state and the national objective for 2010.

Race/Ethnicity: Heart disease deaths are highest in the African-American population. Heart disease deaths are second highest in the White population.

Gender: Heart disease is the leading cause of death and accounts for approximately 30% of deaths among both males and females.



\* Changed from ICD-9 to ICD-10



\* Changed from ICD-9 to ICD-10

# Obesity / Nutrition (Weighted Data)

## ***ANU:***

**Fast Food:** 20% of the respondents never eat at fast food restaurants while 40% of the respondents eat at fast food places once a week. 2% of the respondents eat 8 or more times a week in a fast food restaurant.

**Vegetables:** 54% of the respondents eat vegetable five times a week or more while 3% never eat each vegetables.

**Fruits:** 42% of the respondents eat fruits five times a week or more while 4% never eat each fruits.

**Dairy Products:** 55% of the respondents eat dairy products at least 5 times a week while 5% never eat each dairy products.

**Soda:** 42% of the respondents drink soda at least 5 times a week while 10% never drink sodas.

**Grocery Stores:** 32% of the respondents felt their was no local grocery store in the neighborhood where fresh fruits and vegetables can be purchased.

**Exercise:** 38% of the respondents never exercise while 38% of the respondents exercised 3 or more times in a week.

## ***CPHC:***

**Fast Food:** 16% of the respondents never eat at fast food restaurants while 51% of the respondents eat at fast food places once a week. 3% of the respondents eat 8 or more times a week in a fast food restaurant.

**Vegetables:** 56% of the respondents eat vegetable five times a week or more while 2% never eat each vegetables.

**Fruits:** 50% of the respondents eat fruits five times a week or more while 5% never eat each fruits.

**Dairy Products:** 60% of the respondents eat dairy products at least 5 times a week while 2% never eat each dairy products.

**Soda:** 37% of the respondents drink soda at least 5 times a week while 12% never drink sodas.

**Grocery Stores:** 5% of the respondents felt their was no local grocery store in the neighborhood where fresh fruits and vegetables can be purchased.

**Exercise:** 32% of the respondents never exercise while 32% of the respondents exercised 3 or more times in a week.

## ***WMKK:***

**Fast Food:** 22% of the respondents never eat at fast food restaurants while 37% of the respondents eat at fast food places once a week. 6% of the respondents eat 8 or more times a week in a fast food restaurant.

**Vegetables:** 58% of the respondents eat vegetable five times a week or more while 5% never eat each vegetables.

**Fruits:** 45% of the respondents eat fruits five times a week or more while 4% never eat each fruits.

**Dairy Products:** 44% of the respondents eat dairy products at least 5 times a week while 4% never eat each dairy products.

**Soda:** 38% of the respondents drink soda at least 5 times a week while 15% never drink sodas.

**Grocery Stores:** 5% of the respondents felt their was no local grocery store in the neighborhood where fresh fruits and vegetables can be purchased.

**Exercise:** 29% of the respondents never exercise while 47% of the respondents exercised 3 or more times in a week.



# Hepatitis (Weighted Data)

**County:**

**Ranking:** Stanislaus County is ranked 40 out of 58 counties for rate of Hepatitis C.

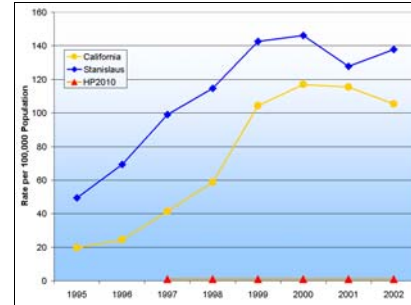
**Hepatitis:** Hepatitis C is the second highest reported communicable disease. On average, there are around 650 cases reported each year. Hepatitis B is the fifth highest reported communicable disease.

**Race/Ethnicity:** African-Americans have the highest reported rate of Hepatitis C compared to the other racial and ethnic groups. Asians have the highest reported rate for Hepatitis B.

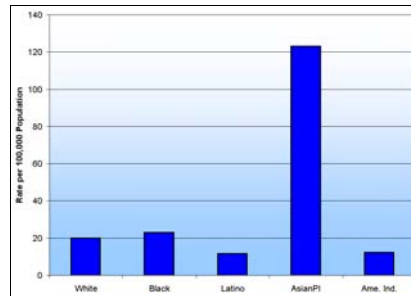
**Gender:** Males have a higher reported rate of Hepatitis C while the reported rate is approximately the same in males and females for Hepatitis B.

**Age:** Hepatitis C is commonly reported in the 35 to 54 age group while Hepatitis B is commonly reported in the 25 to 44 age group.

Reported Rate of Hepatitis C, Stanislaus & CA



Reported Rate of Hepatitis B by Race/Ethnicity, Stanislaus



# STDs (Weighted Data)

**County:**

**Ranking:** Stanislaus County is ranked 43 out of 58 counties for rate of Chlamydia.

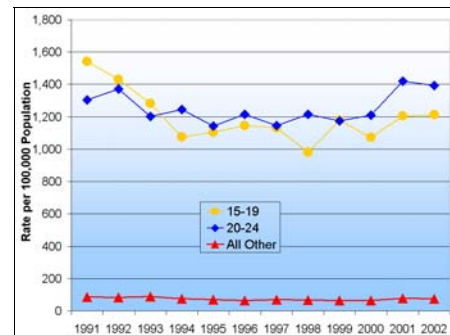
**STDs:** Chlamydia is the highest reported communicable disease. On average, there are around 1200 cases reported each year. Gonorrhea is the third highest reported communicable disease.

**Race/Ethnicity:** African-Americans followed by Latinos have the highest reported rate of Chlamydia compared to the other racial and ethnic groups. African-Americans have the highest reported rate for Gonorrhea as well.

**Gender:** Chlamydia is reported more for females than males because Chlamydia can be asymptomatic. Gonorrhea has approximately the same reported rate in male and females.

**Age:** The majority of the Chlamydia and Gonorrhea cases are among young adults ages 15-24.

Reported Rate of Chlamydia by Age Group, Stanislaus



Rate of Gonorrhea in Stanislaus, 1975-2000



# Safety (Weighted Data)

## SEAT BELT USE:

**ANU:** 79% of the respondents always use their seat belt when they drive or ride in the car. 12% of the respondents use the seat belt most of the time while driving or riding in the car. 9% of the respondents use their seat belt less than 50% of the time or never.

**CPHC:** 93% of the respondents always use their seat belt when they drive or ride in the car.

**WMKK:** 89% of the respondents always use their seat belt when they drive or ride in the car. 6% of the respondents use the seat belt most of the time while driving or riding in the car. 5% of the respondents use their seat belt less than 50% of the time or never.

## POLICE:

LOCAL POLICE	ANU	CPHC	WMKK
<b>Had contact within last 2 years</b>	49% (115)	41% (58)	37% (76)
<b><u>Of the people who had contact with their local police:</u></b>			
<b>Had a good experience</b>	70% (81)	55% (32)	62% (47)
<b>Thought the Local Police was Professional</b>	34% (39)	41% (24)	33% (25)
<b>Thought the Local Police was Unprofessional</b>	6% (7)	12% (7)	20% (15)
<b>Thought the Local Police was Helpful</b>	34% (39)	34% (20)	32% (24)
<b>Thought the Local Police was Unhelpful</b>	4% (5)	22% (13)	5% (4)
<b>Thought the Local Police was Friendly/Courteous</b>	17% (19)	22% (13)	20% (15)
<b>Thought the Local Police was Rude/Disrespectful</b>	17% (20)	16% (9)	9% (7)
<b>Thought the Local Police interaction was Rushed/Not enough time</b>	6% (7)	9% (5)	<3% (2)
<b>Comfortable or Very Comfortable Contacting Police</b>	75% (175)	71% (96)	77% (155)
<b>Feel Police is Community Oriented</b>	59% (136)	64% (77)	73% (142)
<b>Feel the Police's Relationship with Community is Good/Very Good</b>	31% (73)	43% (59)	48% (95)

# Access & Barriers (Weighted Data)

## ANU:

Access to:	Very Good or Good	Fair	Poor or Very Poor
Health Care	31%	41%	28%
Mental Health Services	23%	40%	37%
Child Health	43%	20%	37%
Dental Care	29%	46%	25%
Vision Care	33%	43%	24%
Medical Care for Seniors	29%	42%	29%

Doctor: 20% of the respondents did not see their doctor in the last year while 37% of the respondents saw their doctor 3 or more times in the last year.

ER Usage: 37% of the respondents went to the emergency room at least once in the last year. 17% of the people who used the emergency room were there 5 or more times.

Medical Clinic: 33% of the respondents used a medical clinic in the last year. 18% of the people who used a medical clinic were there 5 or more times.

Urgent Care: 21% of the respondents used an urgent care center.

## Health Information:

Receive Health Information From:	%
Primary Care Physician	50%
Family and Friends	44%
Community Nurses, Social Workers, or Health Educators	12%
Medical Help Line	9%
Community Events	7%
Newspaper or Magazines	5%
Radio	3%
Internet	3%
Spiritual Leaders	0%

## Health Barriers:

45% of the respondents needed to see the doctor, but could not due to cost.

38% of the respondents had difficulties getting a doctor's appointment.

36% of the respondents saw transportation as a barrier to medical care.

33% of the respondents needed to purchase medication, but could not due to cost.

11% of the respondents thought the doctor's office hours were inconvenient.

Less than 3% of the respondents thought there were cultural and language barriers in the doctor's office.

# Access & Barriers (Weighted Data)

## CPHC:

Access to:	Very Good or Good	Fair	Poor or Very Poor
Health Care	38%	36%	26%
Mental Health Services	36%	35%	29%
Child Health	48%	29%	23%
Dental Care	36%	28%	36%
Vision Care	41%	27%	32%
Medical Care for Seniors	37%	41%	22%

Doctor: 23% of the respondents did not see their doctor in the last year while 46% of the respondents saw their doctor 3 or more times in the last year.

ER Usage: 44% of the respondents went to the emergency room at least once in the last year. 9% of the people who used the emergency room were there 5 or more times.

Medical Clinic: 38% of the respondents used a medical clinic in the last year. 23% of the people who used a medical clinic were there 5 or more times.

Urgent Care: 28% of the respondents used an urgent care center.

## Health Information:

Receive Health Information From:	%
Primary Care Physician	49%
Family and Friends	28%
Medical Helpline	11%
Community Events	10%
Community Nurse, Social Worker, or Health Educator	8%
Newspaper or Magazine	8%
Internet	8%
Radio	2%
Spiritual Leader	2%

## Health Barriers:

55% of the respondents had difficulties getting a doctor's appointment.

48% of the respondents needed to see the doctor, but could not due to cost.

32% of the respondents saw transportation as a barrier to medical care.

32% of the respondents needed to purchase medication, but could not due to cost.

9% of the respondents thought the doctor's office hours were inconvenient.

# Access & Barriers (Weighted Data)

## WMKK:

Access to:	Very Good or Good	Fair	Poor or Very Poor
Health Care	55%	34%	11%
Mental Health Services	51%	41%	8%
Child Health	57%	33%	10%
Dental Care	40%	43%	17%
Vision Care	44%	40%	16%
Medical Care for Seniors	53%	37%	10%

Doctor: 21% of the respondents did not see their doctor in the last year while 36% of the respondents saw their doctor 3 or more times in the last year.

ER Usage: 47% of the respondents went to the emergency room at least once in the last year. 6% of the people who used the emergency room were there 5 or more times.

Medical Clinic: 54% of the respondents used a medical clinic in the last year. 12% of the people who used a medical clinic were there 5 or more times.

Urgent Care: 25% of the respondents used an urgent care center.

## Health Information:

Receive Health Information From:	%
Primary Care Physician	51%
Family and Friends	38%
Newspaper or Magazines	17%
Community Nurses, Social Workers, or Health Educators	16%
Medical Help Line	14%
Community Events	9%
Internet	7%
Radio	6%
Spiritual Leaders	1%

## Health Barriers:

41% of the respondents needed to see the doctor, but could not due to cost.

47% of the respondents had difficulties getting a doctor's appointment.

39% of the respondents saw transportation as a barrier to medical care.

18% of the respondents needed to purchase medication, but could not due to cost.

14% of the respondents thought the doctor's office hours were inconvenient.

Less than 6% of the respondents thought there were cultural and language barriers in the doctor's office.

# Quality of Life (Weighted Data)

## ***ANU:***

**Cultural Tolerance:** 27% of the respondents thought the cultural tolerance was good or very good. 51% of the respondents thought the cultural tolerance was fair while 19% of the respondents thought the cultural tolerance was poor or very poor.

**Public Transportation:** 40% of the respondents thought the public transportation was good or very good. 44% of the respondents thought the public transportation was fair while 14% of the respondents thought the public transportation was poor or very poor.

**Housing:** 33% of the respondents owned their home while 53% of the respondents rent their apartment or house. 13% of the respondent live with their parents, friends, or relatives. 65% of the respondents thought the availability of affordable housing was poor or very poor. 20% of the respondents have been homeless in the past two years while 29% of the respondents have moved at least once in the past two years. 23% of the respondents lived with a friend or relative in the past two years.

**Physical Environment:** 19% of the respondents thought the physical environment was good or very good. 29% of the respondents thought the physical environment was fair while 52% of the respondents thought the physical environment was poor or very poor.

**Water:** 61% of the respondents thought the water quality was poor or very poor.

**Employment:** 55% of the respondents thought the employment opportunities are poor or very poor.

**Food:** 26% of the respondents did not have enough food available on a regular basis. 47% of the respondents had received free food from food banks, churches, or other organizations in the last year.

## ***CPHC:***

**Cultural Tolerance:** 46% of the respondents thought the cultural tolerance was good or very good. 34% of the respondents thought the cultural tolerance was fair while 10% of the respondents thought the cultural tolerance was poor or very poor.

**Public Transportation:** 30% of the respondents thought the public transportation was good or very good. 35% of the respondents thought the public transportation was fair while 26% of the respondents thought the public transportation was poor or very poor.

**Housing:** 29% of the respondents owned their home. 48% of the respondents rent their apartment or house while 15% of the respondents rent a mobile home. 8% of the respondent live with their parents, friends, or relatives. 59% of the respondents thought the availability of affordable housing was poor or very poor. 9% of the respondents have been homeless in the past two years while 34% of the respondents have moved at least once in the past two years. 28% of the respondents lived with a friend or relative in the past two years.

**Physical Environment:** 17% of the respondents thought the physical environment was good or very good. 29% of the respondents thought the physical environment was fair while 53% of the respondents thought the physical environment was poor or very poor.

**Water:** 45% of the respondents thought the water quality was poor or very poor.

**Employment:** 56% of the respondents thought the employment opportunities are poor or very poor.

**Food:** 29% of the respondents did not have enough food available on a regular basis. 45% of the respondents had received free food from food banks, churches, or other organizations in the last year.

## ***WMKK:***

**Cultural Tolerance:** 41% of the respondents thought the cultural tolerance was good or very good. 41% of the respondents thought the cultural tolerance was fair while 13% of the respondents thought the cultural tolerance was poor or very poor.

**Public Transportation:** 39% of the respondents thought the public transportation was good or very good. 33% of the respondents thought the public transportation was fair while 25% of the respondents thought the public transportation was poor or very poor.

**Housing:** 21% of the respondents owned their home. 57% of the respondents rent their apartment or house while 6% of the respondents rent a mobile home. 16% of the respondent live with their parents, friends, or relatives. 43% of the respondents thought the availability of affordable housing was poor or very poor. 16% of the respondents have been homeless in the past two years while 40% of the respondents have moved at least once in the past two years. 33% of the respondents lived with a friend or relative in the past two years.

**Physical Environment:** 29% of the respondents thought the physical environment was good or very good. 34% of the respondents thought the physical environment was fair while 35% of the respondents thought the physical environment was poor or very poor.

**Water:** 42% of the respondents thought the water quality was poor or very poor.

**Employment:** 41% of the respondents thought the employment opportunities are poor or very poor.

**Food:** 20% of the respondents did not have enough food available on a regular basis. 42% of the respondents had received free food from food banks, churches, or other organizations in the last year.