

STANISLAUS COUNTY SENIOR



HEALTH SUMMARY



March 2018

PURPOSE

To share highlights of information from the Stanislaus County 2017 Senior Health Report. Seniors are classified as adults 60 years of age and above. When data was not available for this range, 65 and above was used and is noted.

DEMOGRAPHICS

Out of the 90,265 seniors age 60 and over in 2014:

- 54.1% are female¹
- 65.0% are married or in a registered domestic partnership²
- 10.3% are living with their minor grandchildren¹
- 2.3% (2,098) are responsible for their grandchildren¹
- 32.9% work full time, 14.2% work part time, 13.3% are self-employed²

¹2014 US Census Bureau, 1-year Estimate American Community Survey

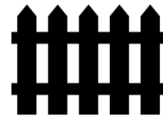
²2013 FHOP, Stanislaus County CHA Community Survey

Senior's Top 3 Community Concerns

Crime

Neighborhood Safety

Alcohol and Drugs



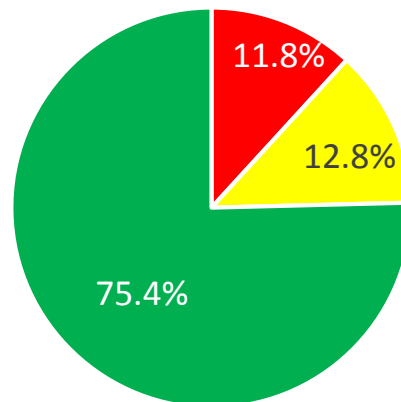
Source: FHOP, Stanislaus County CHA Community Survey, 2013 N=343, Age 60+



16.4% of Seniors are Veterans

Source: 2015 US Census Bureau, 1-year Estimate, American Community Survey, Age 60+

Income of Seniors Age 60 and Above



- 100% Poverty Level
- 100-150% Poverty Level
- Over 150% Poverty Level

Source: 2014 US Census Bureau, 1-year Estimate American Community Survey

12.2% of seniors do not have stable housing



Source: FHOP, Stanislaus County CHA Community Survey, 2013 N=343, Age 60+



Approximately 1 in 20 Stanislaus residents 60 and older reported going without basic needs like food, utilities and transportation.

Source: FHOP, Stanislaus County CHA Community Survey 2013, N=324

STANISLAUS COUNTY SENIOR HEALTH SUMMARY

Continued



Public Health
Protect. Promote. Prevent.



March 2018

HEALTH

On the 2013 Stanislaus County Community Health Assessment primary survey, seniors 60 and older reported the following health concerns:

- 54.5% have high blood pressure
- 48.0% have high cholesterol
- 28.8% have diabetes
- 39% have four or less people they could look to for help in a crisis

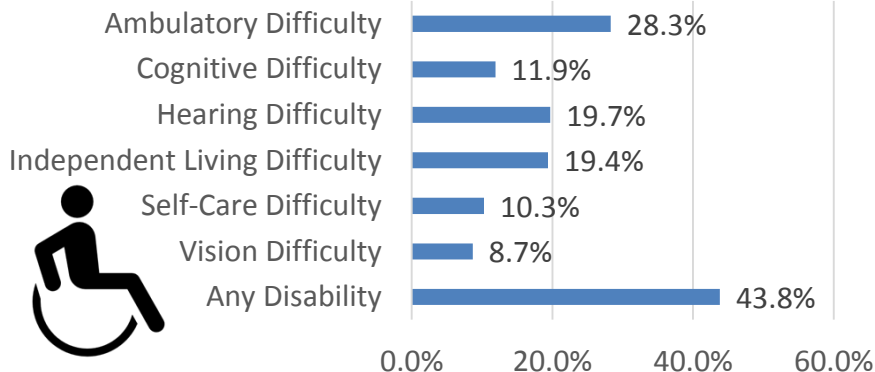
66.8% Get over 15 minutes a day of exercise on average



55.3% Consume the recommended amount of fruits and vegetables

Source: 2013 FHOP, Stanislaus County CHA Community Survey, N=340, Age 60+

Disability Type



Source: 2014 US Census Bureau, 1-year Estimate American Community Survey, Age 65+

Top 5 Causes of Death

1. Diseases of the Heart (28.8%)
2. Cancer (22.5%)
3. Chronic Lower Respiratory Disease (7.1%)
4. Alzheimer's Disease (6.6%)
5. Stroke (5.9%)

Source: CDPH, Death Statistical Master Files 2013-2015, Rates calculated by HSA staff, Age 60+

Health Insurance

1.5% Have No Health Insurance
78.1% Have Medicare
50.9% Have Other Coverage in Addition to Medicare
16.5% Have Medicare and Medi-Cal (Medicaid)

Source: 2014 US Census Bureau, 1-year Estimate American Community Survey, Age 65+

There were 4,283 non-fatal hospitalizations and emergency department visits for seniors who fell in 2014.



Source: 2014 CDPH EpiCenter Age 65+

Find the full 2017 Senior Health Report at:
schsa.org/PublicHealth/mainpages/data